

**Reference Letter** — a copy of an e-mail sent to the Clinical Director without request  
Note: Name withheld to maintain privacy.

Hi there, Kathy.....I've had these thoughts on my mind so today I sat down at the computer and this is what happened:

#### TRIBUTE TO KATHY

As a long-time support person for a DID survivor, I have come to know Kathy and her work with survivors. When I recently heard the philosophical idea that education is the fragmentation of knowledge and that creativity is the undoing of education, it struck me that the fragmentation of knowledge could be a metaphor for Dissociative Identity Disorder (DID). It also struck me that Kathy's unswerving commitment to the undoing of the fragmentation of knowledge for her DID clients is truly creativity in action.

I believe that Kathy's therapeutic work is extraordinarily effective because her life and work is of a musical piece, in much the way a conductor works with an orchestra to re-create the wholeness and potential of each unique composition of musical notes. And just as an orchestra embraces all musical instruments, so Kathy embraces all instruments of healing. In the same way a conductor tunes in deeply to the essence of the music in order to release the pure sound from its externally-imposed notes, so Kathy tunes in deeply to the essence of her individual clients in order to release each one from the externally-imposed trauma which fragments and imprisons them.

As I understand it, Kathy's work involves searching for and finding all the myriad pieces of the jigsaw puzzle, which will eventually fit together to re-create and reveal the whole picture/person, and at the same time exposing and discarding all the externally-introduced pieces that simply do not, and never did belong. To me this is true creativity in action.

But like any creative process, it requires dedicated commitment, patient but unrelenting work, and a refusal to give up when the going gets rough. It involves learning to tolerate uncertainty, to accept and reconcile the seemingly incompatible, to be open to new possibilities, to forge new connections, to find new pathways, to painstakingly build bridges where none existed before, and to dare to plumb the depths of despair and not falter.

And underpinning all the difficult and painful work, there is a long-standing belief in the transcendent power of the unfathomable, which we call faith.

I believe that it is an open mind, a big heart, a sense of fun, a grounding in reality, a sensitive intuition, innate integrity, many years of experience, and plain hard work sustained by faith which is the essence of Kathy's unique gift of healing.

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There, it's all true as I see it. Would you consider editing it and perhaps using it on your site? Please do if it would be of value in some way.